

EXTREME ABUSE SURVEY

**Professional-Extreme Abuse Survey (P-EAS) - Results
(April 1, 2007 – June 30, 2007)**

Copyrights are held by the survey team:

Thorsten Becker
Wanda Karriker
Bettina Overkamp
Carol Rutz

Provided by S.P.ORG.-Consulting e.V. • Lueneburg, Germany

Professional Extreme Abuse Survey (P-EAS)

*An International Online Survey for
Therapists, Counselors, Clergy and Other Persons Who Have Worked
Professionally With At Least One Adult Survivor of Extreme Abuse
April 1 – June 30, 2007*

Results

656 persons ***viewed*** the survey;
458 in English,
198 in German.

451 persons ***answered at least one question*** on the survey.
339 answered in English
112 answered in German

20 ***countries*** were declared by 426 person, 24 respondents did not name a country of residence:

- | | |
|-----------------------|--------------------|
| ◆ United States (205) | ◆ Greece (3) |
| ◆ Germany (99) | ◆ Ireland (2) |
| ◆ United Kingdom (59) | ◆ Philippines (2) |
| ◆ Canada (21) | ◆ Belgium (1) |
| ◆ Netherlands (9) | ◆ Ecuador (1) |
| ◆ New Zealand (4) | ◆ Hungary (1) |
| ◆ Switzerland (4) | ◆ Italy (1) |
| ◆ Norway (4) | ◆ Romania (1) |
| ◆ Israel (4) | ◆ South Africa (1) |
| ◆ Australia (3) | ◆ Sweden (1) |

389 respondents gave their *primary languages*, 62 respondents did not name their primary languages:

- ◆ English (265)
- ◆ Germany (88)
- ◆ Dutch (18)
- ◆ Greek (4)
- ◆ Norwegian (4)
- ◆ Filipino (2)
- ◆ Hebrew (2)
- ◆ Spanish (2)
- ◆ Hungarian (1)
- ◆ Italian (1)
- ◆ Romanian (1)
- ◆ Swedish (1)

Survey Questions with Numbers / Percents of Respondents

N = number who responded to question

n / a = number who checked each part of a question

% = percent of Total N

Percents are rounded off to nearest percent; therefore, the total does not always equal 100%.

My gender:

(click on one response only)

My gender	N = 438	%
	n	
female:	370	85%
male:	68	16%
transgendered:	0	00%

My current age:

(click on one response only)

My current age	N = 444	%
	n	
18 – 21:	12	03%
22 – 35:	45	10%
36 – 50:	137	31%
51 – 65:	211	48%
66+:	39	09%

1. I have received training as a . . .
(respondents could chose more than one)

Training as	N = 521
	n
Addictions Counselor	23
Clinical Social Worker	42
Clinician	33
Clinician in Trauma Unit	16
Marriage and Family Therapist	33
Medical Doctor (not a psychiatrist)	10
Mental Health Counselor	35
Pastoral Counselor	30
Professional Survivor Advocate	21
Psychiatrist	15
Psychologist	76
Psychotherapist	91
Psychiatric Nurse	08
Psychoanalyst	03
School Counselor	08
Social worker in non-governmental organization	07
Social Worker in Government Social Services: Child Protection Unit	05
Social Worker in Government Social Services: Education / Counseling	02
Social Worker in Government Social Services: Specialized Counseling	03
Social Worker in Government Social Services: Health Care	02
Clergyperson whose practice of counseling is not subject to governmental regulation	15

Other person who has worked professionally with at least one adult survivor of extreme abuse Type in Discipline [Translated German term in brackets]:		43
◆ Art Therapist ◆ Aussteigerberatung für Satanismus [<i>"exit-counselling for members of Satanic cults"</i>] ◆ Beratender Psychologe (Diplom) [<i>"counselling psychologist"</i>] ◆ Betroffene [<i>"survivor"</i>] ◆ Certified Victim's Advocate ◆ Child Psychotherapist ◆ Clinical Counsellor ◆ Clinical Hypnotherapist ◆ Counselor / Counsellor ◆ Crisis Intervention ◆ eigene Praxis [<i>"own practice"</i>] ◆ EMDR ◆ Fachstelle für Sekten-und Weltanschauungsfragen [<i>"counselling and information agency on cult related problems" – the term usually refers to a Lutheran or Catholic church service</i>] ◆ Germanistik, Psychologie [<i>"German philology, psychology"</i>] ◆ Heilpraktikerin Psychotherapie [<i>"psychologist / healing psychotherapy"</i>] ◆ Heilpraktische Psychotherapie [<i>healing psychotherapy</i>] ◆ Humanistic Counsellor ◆ Journalism ◆ Kaufm. Angestellte [<i>"business employee"</i>]	◆ Körpertherapeutin in einer Praxis [<i>"body work therapist in own practice"</i>] ◆ Magister Artium ◆ Mental Health Counseling Student ◆ Mental Health Educator ◆ Pastorin [<i>"female Pastor"</i>] ◆ Pastoral / Prayer Counselor ◆ Philosophie [<i>"philosophy"</i>] ◆ Physician Assistant ◆ Police Sergeant ◆ Prayer / Innerhealing ◆ Private Investigator ◆ Psychology ◆ Rape Counsellor ◆ Rape Crisis ◆ RN ◆ RN and as Volunteer Aids Committee ◆ Schüler [<i>"pupil"</i>] ◆ Selling Clerk ◆ Social Worker ◆ Sociology of Religion ◆ Sozialarbeiter selbstständig [<i>"free-lancing socialworker"</i>] ◆ Spiritual Direction ◆ Trauma Specialist	

2. The approximate number of adult survivors with whom I have worked professionally who have reported memories consistent with any form of extreme abuse is . . .

Number of adult survivors	N = 296
	n
Zero	03
One	23
2 - 10	115
11 - 20	37
21 - 30	20
31 - 50	30
51 - 100	21
101 - 200	14
201 - 500	12
501 – 1,000	9
More than 1,000	7
Don't know	3
No answer	2

3. **The approximate number of adult survivors with whom I have worked professionally who have reported memories consistent with extreme abuse (other than RA / MC) is . . .**

(click only on one response)

Number of adult survivors other than RA / MC	N = 284
	n
Zero	17
One	25
2 - 10	108
11 - 20	27
21 - 30	24
31 - 50	29
51 - 100	18
101 - 200	11
201 - 500	6
501 – 1,000	6
More than 1,000	3
Don't know	6
No answer	4

4. **The approximate number of adult survivors with whom I have worked professionally who have reported memories consistent with ritual abuse and / or mind control (RA / MC) is . . .**

(click only on one response)

Number of adult RA / MC survivors	N = 290
	n
Zero	14
One	63
2 - 10	117
11 - 20	32
21 - 30	22
31 - 50	9
51 - 100	8
101 - 200	10
201 - 500	8
501 – 1,000	5
More than 1,000	0
Don't know	1
No answer	1

- 5. Of individuals reporting memories consistent with RA / MC, I believe that the following percentage actually experienced ritual abuse.**
(click only on one response)

Memories of RA / MC as actually experienced RA	N = 283
	n
Zero	9
1 to 10%	22
11 to 20%	2
21 to 30%	4
31 to 40%	1
41 to 50%	8
51 to 60%	5
61 to 70%	9
71 to 80%	14
81 to 90%	24
91 to 100%	157
Don't know	20
No answer	8

6. **Of individuals reporting memories consistent with RA / MC, I believe that the following percentage actually experienced mind control.**
(click only on one response)

Memories of RA / MC as actually experienced Mind Control	N = 276
	n
Zero	14
1 to 10%	24
11 to 20%	9
21 to 30%	2
31 to 40%	6
41 to 50%	10
51 to 60%	9
61 to 70%	13
71 to 80%	14
81 to 90%	20
91 to 100%	107
Don't know	34
No answer	14

7. For individuals who I believe actually experienced RA / MC, my opinion is based, in part, on the following observations . . .

Observations on individuals who 'actually' experienced RA / MC	N	yes n (%)	no n (%)	don't know n (%)
Severe reactions (before / during / after) to “telling” about the abuse (e.g. suicidality, self-harm, physical pain responses, disproportionate self-doubt, retraction, social withdrawal, etc.)	274	262 (96%)	7 (03%)	5 (02%)
The quality of posttraumatic / dissociative symptoms was indicative of RA / MC.	271	248 (92%)	14 (05%)	9 (03%)
The types of dissociated identities I observed were reflective of RA / MC.	269	231 (86%)	23 (09%)	15 (06%)
The content of fears / phobias was indicative of RA / MC.	266	248 (93%)	14 (05%)	4 (02%)
The content of creative productions (such as art, sandtray stories, music, poetry) was reflective of RA / MC.	263	208 (79%)	30 (11%)	25 (10%)
Certain physical and medical sequelae could be explained as having been a result of RA / MC.	260	195 (75%)	36 (14%)	29 (11%)
Some reports of RA / MC were based on continuous memories rather than dissociated memories.	259	168 (65%)	74 (29%)	17 (07%)
Significant memories of RA / MC fit logically into other aspects of the individual's life history (i.e., they helped to form a coherent narrative).	261	232 (89%)	20 (08%)	9 (03%)
Significant memories were corroborated by the testimony of other individuals (e.g. siblings, parents, or other witnesses; co-victims or perpetrators).	259	122 (47%)	117 (45%)	20 (08%)
The individual presented objects consistent with reports of RA / MC (e.g. photographs, documents, weapons, clothing, electroshock machines etc.).	256	79 (31%)	163 (64%)	14 (06%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Observations on individuals who 'actually' experienced RA / MC	N	yes n (%)	no n (%)	don't know n (%)
The individual's memories were consistent with my own personal memories of RA / MC.	246	43 (18%)	143 (58%)	60 (24%)
None of the above.	129	1 (01%)	82 (64%)	46 (36%)
Other (You will be given information on how to report other types of corroboration at the end of the survey).	126	46 (37%)	34 (27%)	46 (37%)

8. **Of the adult RA / MC survivors with whom you have worked professionally, what percentage would you estimate to be female?**
(click only on one response)

Female % of adult RA / MC survivors	N = 280
	n
Zero	7
1 – 25%:	12
26-50%:	12
51-75%:	31
76-99%:	89
100%:	129

9. My personal experiences as a therapist, counselor, clergy, or other person who has worked professionally with at least one adult survivor of extreme abuse . . .

(When responding to a specific item, click only on the most appropriate response . If you prefer not to respond to a specific item, or if its meaning is unclear or not applicable to your situation, you may choose “No Answer” (n / a) by clicking on the circle in front of the item.)

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
I have worked with at least one adult whose “memories” of extreme abuse (other than RA / MC) can be accounted for, in part, by the misuse of hypnosis and / or regressive therapies by a previous therapist.	240	29 (12%)	177 (74%)	27 (11%)	7 (03%)
I have worked with at least one adult whose “memories” of RA / MC can be accounted for, in part, by the misuse of hypnosis and / or regressive therapies by a previous therapist.	240	28 (12%)	176 (72%)	28 (12%)	8 (03%)
I have worked with at least one adult who reported “memories” of an improbable event involving extreme abuse (other than RA / MC); however, it is possible that the event was “staged” to make the victim believe that it happened	237	72 (30%)	117 (49%)	33 (14%)	15 (06%)
I have worked with at least one adult who reported “memories” of an improbable event involving RA / MC, however, it is possible that the event was “staged” to make the victim believe that it happened.	235	123 (52%)	68 (29%)	32 (14%)	12 (05%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
The majority of adult survivors of extreme abuse (other than RA / MC) with whom I have worked have met the diagnostic criteria for DID.	238	135 (57%)	68 (29%)	22 (09%)	13 (06%)
The majority of adult RA / MC survivors with whom I have worked have met the diagnostic criteria for Dissociative Identity Disorder (DID).	234	198 (85%)	19 (08%)	8 (03%)	9 (04%)
I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who has never met the diagnostic criteria for DID.	236	140 (59%)	66 (28%)	20 (09%)	10 (04%)
I have worked with at least one adult RA / MC survivor who has never met the diagnostic criteria for DID.	234	81 (35%)	122 (52%)	21 (09%)	10 (04%)
At least one adult survivor of extreme abuse (other than RA / MC) has attempted but not completed suicide while working with me.	240	99 (41%)	119 (50%)	12 (05%)	10 (04%)
At least one adult survivor of RA / MC has attempted but not completed suicide while working with me.	237	133 (56%)	88 (37%)	9 (04%)	7 (03%)
At least one adult survivor of extreme abuse (other than RA / MC) has committed suicide while working with me.	234	23 (10%)	191 (82%)	8 (03%)	12 (05%)
At least one adult survivor of RA / MC has committed suicide while working with me.	237	14 (06%)	209 (88%)	7 (03%)	7 (03%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
I always take a neutral stance regarding the truth of traumatic memories reported by an adult survivor of extreme abuse (other than RA / MC).	231	138 (60%)	58 (25%)	20 (09%)	15 (07%)
I always take a neutral stance regarding the truth of an adult survivor's memories of RA / MC.	233	146 (63%)	52 (22%)	21 (09%)	14 (06%)
At least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked remembered his / her extreme abuse before entering psychotherapy with anyone.	235	203 (86%)	13 (06%)	8 (03%)	11 (05%)
At least one adult survivor of RA / MC with whom I have worked remembered RA / MC before entering psychotherapy with anyone.	233	170 (73%)	26 (11%)	26 (11%)	11 (05%)
At least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked first remembered his / her extreme abuse while working with me.	234	136 (58%)	77 (33%)	8 (03%)	13 (06%)
At least one adult survivor of RA / MC first remembered RA / MC while working with me.	227	140 (62%)	74 (33%)	7 (03%)	6 (03%)
I have heard two or more adult survivors of extreme abuse (other than RA / MC) name the same perpetrator(s).	233	58 (25%)	153 (66%)	10 (04%)	12 (05%)
I have heard two or more adult RA / MC survivors name the same perpetrator(s).	230	81 (35%)	130 (57%)	10 (04%)	9 (04%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
At least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked remembered seeing perpetrator(s) wearing white doctors' coats.	226	67 (30%)	130 (58%)	18 (08%)	11 (05%)
At least one adult survivor of RA / MC with whom I have worked remembered seeing perpetrator(s) wearing white doctors' coats.	230	146 (64%)	57 (25%)	20 (09%)	7 (03%)
At least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked remembered a perpetrator who addressed himself as a doctor and used a color as his surname.	229	24 (11%)	163 (71%)	31 (14%)	11 (05%)
At least one adult survivor of RA / MC with whom I have worked remembered a perpetrator who addressed himself as a doctor and used a color as his surname.	229	79 (35%)	110 (48%)	34 (15%)	6 (03%)
At least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked reported that the Nazi-war criminal Dr. Josef Mengele was involved in his / her abuse.	232	11 (05%)	200 (86%)	10 (04%)	11 (05%)
At least one adult survivor of RA / MC with whom I have worked reported that the Nazi-war criminal Dr. Josef Mengele was involved in his / her abuse.	232	35 (15%)	177 (76%)	11 (05%)	9 (04%)
I have heard two or more adult survivors of extreme abuse (other than RA / MC) name the same place(s) of abuse.	231	56 (24%)	151 (65%)	11 (05%)	13 (06%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
I have heard two or more adult RA / MC survivors name the same place(s) of abuse.	231	92 (40%)	120 (52%)	10 (04%)	9 (04%)
I have observed what appear to be external entities which have attached to and / or exerted some control over at least one adult survivor of extreme abuse (other than RA / MC).	234	53 (23%)	135 (58%)	25 (11%)	21 (09%)
I have observed what appear to be external entities which have attached to and / or exerted some control over at least one adult RA / MC survivor.	230	92 (40%)	93 (40%)	28 (12%)	17 (07%)
I have accompanied at least one adult survivor of extreme abuse (other than RA / MC) to the alleged scene of his / her abuse.	231	39 (17%)	174 (75%)	8 (04%)	10 (04%)
I have accompanied at least one adult RA / MC survivor to the alleged scene of his / her abuse.	229	60 (26%)	161 (70%)	3 (01%)	5 (02%)
I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who I later learned had been reporting back to his / her perpetrator(s) without my knowledge.	228	46 (20%)	140 (61%)	31 (14%)	11 (05%)
I have worked with at least one adult RA / MC survivor who I later learned had been reporting back to his / her perpetrator(s) without my knowledge.	228	113 (50%)	82 (36%)	28 (12%)	5 (02%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who, at the time, claimed current abuse by his / her perpetrator(s).	231	93 (40%)	114 (49%)	14 (06%)	10 (04%)
I have worked with at least one adult RA / MC survivor who, at the time, claimed current abuse by his / her perpetrator(s).	229	146 (64%)	74 (32%)	5 (02%)	4 (02%)
I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who escaped from his / her perpetrator(s) while working with me.	225	81 (36%)	111 (49%)	22 (10%)	11 (05%)
I have worked with at least one adult RA / MC survivor who escaped from his / her perpetrator(s) while working with me.	227	101 (45%)	97 (43%)	21 (09%)	8 (04%)
I have been harmed by an alleged non-RA / MC perpetrator or perpetrator group in apparent retaliation for working professionally with one of their victims.	226	11 (05%)	189 (84%)	15 (07%)	11 (05%)
I have been harmed by an alleged RA / MC perpetrator or perpetrator group in apparent retaliation for working professionally with one of their victims.	227	22 (10%)	181 (80%)	16 (07%)	8 (04%)
I have been threatened by an alleged non-RA / MC perpetrator or perpetrator group in apparent retaliation for working professionally with one of their victims.	226	29 (13%)	178 (79%)	8 (04%)	11 (05%)
I have been threatened by an alleged RA / MC perpetrator or perpetrator group in apparent retaliation for working professionally with one of their victims.	226	58 (26%)	154 (68%)	9 (04%)	5 (02%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
I have been threatened by an adult survivor of extreme abuse (other than RA / MC at the time s / he was in therapy with me.	228	39 (17%)	167 (73%)	10 (04%)	12 (05%)
I have been threatened by an adult RA / MC survivor at the time s / he was in therapy with me.	225	79 (35%)	131 (58%)	8 (04%)	7 (03%)
I have been threatened by an adult survivor of extreme abuse (other than RA / MC) after s / he left therapy with me.	226	09 (04%)	195 (86%)	7 (03%)	15 (07%)
I have been threatened by an adult RA / MC survivor after s / he left therapy with me.	225	16 (07%)	190 (84%)	6 (03%)	13 (06%)
I have been harmed by an adult survivor of extreme abuse (other than RA / MC) at the time s / he was in therapy with me.	227	10 (04%)	200 (88%)	5 (02%)	12 (05%)
I have been harmed by an adult RA / MC survivor at the time s / he was in therapy with me.	227	15 (07%)	200 (88%)	5 (02%)	7 (03%)
I have been harmed by an adult survivor of extreme abuse (other than RA / MC) after she left therapy with me.	225	05 (02%)	200 (89%)	7 (03%)	13 (06%)
I have been harmed by an adult RA / MC survivor after s / he left therapy with me.	226	09 (04%)	200 (89%)	6 (03%)	11 (05%)
I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who has successfully sued his / her perpetrator(s) in civil court.	225	38 (17%)	166 (74%)	11 (05%)	10 (04%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
I have worked with at least one adult survivor of RA / MC who has successfully sued his / her perpetrator(s) in civil court.	222	18 (08%)	190 (86%)	8 (04%)	6 (03%)
I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who has made claims against a perpetrator which have been investigated by authorities.	226	88 (39%)	114 (50%)	14 (06%)	10 (04%)
I have worked with at least one adult survivor of RA / MC who has made claims against a perpetrator which have been investigated by authorities.	225	87 (39%)	122 (54%)	11 (05%)	5 (02%)
Psychiatric hospitalization has been helpful in the treatment of at least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked.	228	131 (58%)	61 (27%)	21 (09%)	15 (07%)
Psychiatric hospitalization has been helpful in the treatment of at least one adult survivor of RA / MC with whom I have worked.	227	123 (54%)	77 (34%)	18 (08%)	9 (04%)
I have sought appropriate hospitalization for at least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked and have found it.	228	102 (45%)	103 (45%)	9 (04%)	14 (06%)
I have sought appropriate hospitalization for at least one adult survivor of RA / MC with whom I have worked and have found it.	226	107 (47%)	103 (46%)	5 (02%)	11 (05%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
I have received professional supervision / consultation from someone who is knowledgeable about the treatment of adult survivors of extreme abuse (other than RA / MC).	228	187 (82%)	32 (14%)	1 (0.4%)	8 (04%)
I have received professional supervision / consultation from someone who is knowledgeable about the treatment of adult RA / MC survivors.	226	180 (80%)	43 (19%)	1 (0.4%)	2 (01%)
I am in need of an experienced supervisor / consultant who is knowledgeable about the treatment of adult survivors of extreme abuse (other than RA / MC).	227	37 (16%)	163 (72%)	15 (07%)	12 (05%)
I am in need of an experienced supervisor / consultant who is knowledgeable about the treatment of adult RA / MC survivors.	227	62 (27%)	145 (64%)	13 (06%)	7 (03%)
I offer supervision / consultation to other mental health providers in their work with adult survivors of extreme abuse (other than RA / MC).	224	105 (47%)	108 (48%)	4 (02%)	7 (03%)
I offer supervision / consultation to other mental health providers in their work with adult RA / MC survivors.	223	89 (40%)	127 (57%)	4 (02%)	3 (01%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who believed s / he was being abused by an external perpetrator but later discovered the abuse was from an internal perpetrator / alter.	227	59 (26%)	150 (66%)	10 (04%)	8 (04%)
I have worked with at least one adult RA / MC survivor who believed s / he was being abused by an external perpetrator but later discovered the abuse was from an internal perpetrator / alter.	227	100 (44%)	109 (48%)	14 (06%)	4 (02%)
I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who responded to the "International Survey for Adult Survivors of Extreme Abuse" that was posted on this website January 1, 2007 to March 31, 2007.	226	32 (14%)	132 (58%)	53 (24%)	9 (04%)
I have worked with at least one adult RA / MC survivor who responded to the "International Survey for Adult Survivors of Extreme Abuse" that was posted on this website January 1, 2007 to March 31, 2007.	224	68 (30%)	104 (46%)	49 (22%)	3 (01%)
I am a member of a local study group that addresses extreme abuse issues, in general.	224	70 (31%)	148 (66%)	2 (01%)	4 (02%)
I am a member of a local study group that primarily focuses on RA / MC issues.	225	45 (20%)	172 (76%)	5 (02%)	3 (01%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
I am a member of an online list that provides information / discussion and / or support about extreme abuse issues, in general.	227	103 (45%)	120 (53%)	0 (00%)	4 (02%)
I am a member of an online list that primarily provides information / discussion and / or support about RA / MC issues.	222	78 (35%)	140 (63%)	3 (01%)	1 (0.5%)
I have attended one or more professional educational seminars / conference presentations that addressed extreme abuse issues, in general.	227	206 (91%)	15 (07%)	2 (01%)	4 (02%)
I have attended one or more professional educational seminars / conferences presentations that primarily focused on RA / MC issues.	225	175 (78%)	47 (21%)	2 (01%)	1 (0.4%)
I have attended one or more survivor-run conferences that addressed extreme abuse issues, in general.	229	80 (35%)	141 (62%)	4 (02%)	4 (02%)
I have attended one or more survivor-run conferences that primarily focused on RA / MC issues.	225	72 (32%)	147 (65%)	5 (02%)	1 (0.4%)
I have attended one or more professional educational seminars / conference presentations that specifically addressed the phenomenon of torture.	225	96 (43%)	126 (56%)	2 (01%)	1 (0.4%)
I have attended one or more professional educational seminars / conference presentations that specifically addressed the phenomenon of trafficking.	223	54 (24%)	164 (74%)	4 (02%)	1 (0.4%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Personal experiences . . .	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
I will continue to work with adults who are survivors of extreme abuse.	226	199 (88%)	12 (05%)	12 (05%)	3 (01%)
I will continue to work with adults who are survivors RA.	226	189 (84%)	13 (06%)	20 (08%)	4 (02%)
I will continue to work with adults who are survivors of MC.	227	172 (76%)	18 (08%)	30 (13%)	7 (03%)

10. Click only on one response to indicate the approximate number of adult survivors of extreme abuse with whom you have worked professionally who have reported memories consistent with . . .

1 Ritual abuse in a satanic cult.

RA in a satanic cult	N = 231
	n
Zero:	20
One:	56
2 – 10:	74
11 – 20:	28
More than 20:	41
Don't know:	10
No answer:	2

2 Ritual abuse in a Gnostic-occult group.

RA in a gnostic-occult group	N = 225
	n
Zero:	88
One:	31
2 – 10:	31
11 – 20:	5
More than 20:	10
Don't know:	56
No answer:	4

3 Ritual abuse in a child pornography group.

RA in a child pornography group	N = 228
	n
Zero:	39
One:	58
2 – 10:	67
11 – 20:	13
More than 20:	32
Don't know:	17
No answer:	2

4 Ritual abuse in a traditional religious group (e.g. church, synagogue, mosque).

RA in a traditional religious group	N = 226
	n
Zero:	78
One:	39
2 – 10:	58
11 – 20:	12
More than 20:	22
Don't know:	13
No answer:	4

- 5 Ritual abuse in a religious sect (a group made up of dissenters from an established faith such as a Christian sect).

RA in a religious sect	N = 226
	n
Zero:	84
One:	37
2 – 10:	42
11 – 20:	4
More than 20:	13
Don't know:	43
No answer:	3

- 6 Ritual abuse in a Fascist group (e.g. Neo-Nazi, White Supremacist , KKK, or other group that considers itself the superior in race, creed, or origin).

RA in a Fascist group	N = 223
	n
Zero:	112
One:	31
2 – 10:	31
11 – 20:	0
More than 20:	13
Don't know:	34
No answer:	2

7 Ritual abuse in an unnamed group without a remarkable ideology.

RA in unnamed group without remarkable ideology	N = 227
	n
Zero:	86
One:	34
2 – 10:	50
11 – 20:	5
More than 20:	14
Don't know:	29
No answer:	9

8 Ritual abuse in a named group other than those listed above (a satanic cult, a Gnostic-occult group, a child pornography group, a traditional religious group, a religious sect, a Fascist group, or an unnamed group without a remarkable ideology). You will be given information on how to list other groups / venues at end of survey.

RA in named group other than listed	N = 224
	n
Zero:	101
One:	22
2 – 10:	20
11 – 20:	2
More than 20:	9
Don't know:	56
No answer:	14

9 Having been trafficked as a child.

Trafficked as a child	N = 228
	n
Zero:	49
One:	57
2 – 10:	65
11 – 20:	16
More than 20:	24
Don't know:	15
No answer:	2

10 Having been trafficked as an adult.

Trafficked as an adult	N = 226
	n
Zero:	91
One:	30
2 – 10:	51
11 – 20:	10
More than 20:	10
Don't know:	30
No answer:	4

11 Having been a child victim of state-sponsored torture.

Child victim of state-sponsored torture	N = 225
	n
Zero:	118
One:	17
2 – 10:	33
11 – 20:	5
More than 20:	11
Don't know:	36
No answer:	5

12 Having been an adult victim of state-sponsored torture.

Adult victim of state-sponsored torture	N = 226
	n
Zero:	125
One:	23
2 – 10:	21
11 – 20:	7
More than 20:	9
Don't know:	37
No answer:	4

13 Having been a child victim of torture that was not state-sponsored.

Child victim of not state-sponsored torture	N = 225
	n
Zero:	29
One:	43
2 – 10:	79
11 – 20:	17
More than 20:	36
Don't know:	17
No answer:	4

14 Having been an adult victim of torture that was not state-sponsored.

Adult victim of not state-sponsored torture	N = 224
	n
Zero:	83
One:	30
2 – 10:	40
11 – 20:	9
More than 20:	22
Don't know:	35
No answer:	5

15 RA / MC in a day-care center.

RA / MC in day-care center	N = 223
	n
Zero:	120
One:	21
2 – 10:	32
11 – 20:	7
More than 20:	6
Don't know:	34
No answer:	3

16 Having been a subject of government-sponsored mind control experimentation as a child.

Child subject of government-sponsored mind control experimentation	N = 227
	n
Zero:	113
One:	23
2 – 10:	31
11 – 20:	10
More than 20:	9
Don't know:	36
No answer:	5

- 17 Having been a subject of government-sponsored mind control experimentation as an adult.

Adult subject of government-sponsored mind control experimentation	N = 223
	n
Zero:	130
One:	17
2 – 10:	16
11 – 20:	6
More than 20:	6
Don't know:	44
No answer:	4

- 18 Ritual abuse by clergy.

RA by clergy	N = 224
	n
Zero:	67
One:	50
2 – 10:	59
11 – 20:	9
More than 20:	19
Don't know:	17
No answer:	3

19 Ritual abuse in a polygamist group.

RA in a polygamist group	N = 225
	n
Zero:	126
One:	15
2 – 10:	23
11 – 20:	5
More than 20:	3
Don't know:	47
No answer:	6

20 Greek letters such as Alpha, Beta, Delta, Theta, Omega used in connection with abuse.

Greek letters used in connection with abuse	N = 223
	n
Zero:	75
One:	38
2 – 10:	43
11 – 20:	4
More than 20:	17
Don't know:	42
No answer:	4

- 21 Having been taken out of school to another location to be ritually abused and then returned to school classroom.

Taken out of school to be ritually abused at another location	N = 227
	n
Zero:	77
One:	43
2 – 10:	50
11 – 20:	7
More than 20:	14
Don't know:	35
No answer:	1

- 22 Having been taken out of school to another location for mind control programming and then returned to school classroom.

Taken out of school for mind control programming at another location	N= 226
	n
Zero:	94
One:	26
2 – 10:	35
11 – 20:	9
More than 20:	8
Don't know:	51
No answer:	3

23 Speaking and / or writing in an unknown language and / or code.

Speaking / writing in an unknown language / code	N = 224
	n
Zero:	73
One:	47
2 – 10:	43
11 – 20:	14
More than 20:	13
Don't know:	30
No answer:	4

24 One or more alters having access codes.

Alters having access codes	N = 226
	n
Zero:	56
One:	46
2 – 10:	46
11 – 20:	9
More than 20:	13
Don't know:	52
No answer:	4

25 Having at least one robot-alter.

At least one robot alter	N = 226
	n
Zero:	65
One:	43
2 – 10:	41
11 – 20:	5
More than 20:	13
Don't know:	56
No answer:	3

26 Having at least one animal alter.

At least one animal alter	N = 226
	n
Zero:	59
One:	47
2 – 10:	48
11 – 20:	10
More than 20:	15
Don't know:	42
No answer:	5

11. I have worked with at least one survivor of extreme abuse whose reported memories of extreme abuse include . . .

Reported memories	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
Aversive hypnosis	215	125 (58%)	45 (21%)	44 (21%)	1 (.5%)
Being caged	220	177 (81%)	23 (11%)	17 (08%)	3 (01%)
Being threatened with death if survivor ever talked about the abuse	226	211 (93%)	8 (04%)	4 (02%)	3 (01%)
Bestiality	223	173 (78%)	24 (11%)	23 (10%)	3 (01%)
Blinding lights	218	142 (65%)	41 (19%)	34 (16%)	1 (.5%)
Bondage	224	191 (85%)	16 (07%)	13 (06%)	4 (02%)
Brain implants	214	47 (22%)	109 (51%)	57 (27%)	1 (.5%)
Brain stimulation	214	85 (40%)	69 (32%)	59 (28%)	1 (.5%)
Buried alive	220	162 (74%)	35 (16%)	21 (10%)	2 (01%)
Dislocation of limbs	220	105 (48%)	80 (36%)	33 (15%)	2 (01%)
Electronic harassment	217	103 (48%)	63 (29%)	48 (22%)	3 (01%)
Electroshock	218	146 (67%)	47 (22%)	22 (10%)	3 (01%)
Eugenics experiments	215	28 (13%)	107 (50%)	75 (35%)	5 (02%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Reported memories	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
Experiments with dolphins	215	16 (07%)	147 (68%)	49 (23%)	3 (01%)
Experiments with non-human primates	215	33 (15%)	131 (61%)	50 (23%)	1 (.5%)
Forced abortion	220	161 (73%)	34 (16%)	24 (11%)	1 (.5%)
Forced cannibalism	220	142 (65%)	44 (20%)	32 (15%)	2 (01%)
Forced drugging	223	195 (87%)	13 (06%)	13 (06%)	2 (01%)
Forced impregnation	222	157 (71%)	38 (17%)	25 (11%)	2 (01%)
Forced participation in murder by perpetrators	221	155 (70%)	35 (16%)	30 (14%)	1 (.5%)
Forced to abuse other victims	223	188 (84%)	15 (07%)	17 (08%)	3 (01%)
Forced to murder (or survivor made to think he / she had murdered) a baby	222	170 (77%)	26 (12%)	24 (11%)	2 (01%)
Forced to participate in animal mutilations / killings	219	170 (78%)	28 (13%)	20 (09%)	1 (.5%)
Incest	216	197 (91%)	12 (06%)	5 (02%)	2 (01%)
Injection of painful eye drops	213	54 (25%)	84 (39%)	74 (35%)	1 (.5%)
"Marriage" to Satan	217	138 (64%)	52 (24%)	25 (12%)	2 (01%)
Microwave abuse	214	15 (07%)	121 (57%)	76 (36%)	2 (01%)
Survivor's own child murdered by his / her perpetrator(s)	218	119 (55%)	66 (30%)	32 (15%)	1 (.5%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Reported memories	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
Near drowning experience caused by perpetrators	218	150 (69%)	42 (19%)	25 (12%)	1 (.5%)
Non-lethal weapons abuse	220	136 (62%)	35 (16%)	45 (21%)	4 (02%)
Pornography (adult)	218	113 (52%)	63 (29%)	41 (19%)	1 (.5%)
Pornography (child)	223	180 (81%)	25 (11%)	15 (07%)	3 (01%)
Prostitution (adult)	218	124 (57%)	56 (26%)	36 (17%)	2 (01%)
Prostitution (child)	221	167 (76%)	27 (12%)	24 (11%)	3 (01%)
Psychic driving	214	62 (29%)	79 (37%)	67 (31%)	6 (03%)
Radiation exposure	214	20 (09%)	117 (55%)	76 (36%)	1 (.5%)
Receiving physical abuse from perpetrators	219	210 (96%)	3 (01%)	3 (01%)	3 (01%)
Sensory deprivation	217	177 (82%)	17 (08%)	21 (10%)	2 (01%)
Sexual abuse by multiple perpetrators	220	207 (94%)	5 (02%)	5 (02%)	3 (01%)
Sleep deprivation	221	183 (83%)	17 (08%)	20 (09%)	1 (.5%)
Spinning	217	123 (57%)	42 (19%)	48 (22%)	4 (02%)
Starvation	218	161 (74%)	33 (15%)	23 (11%)	1 (.5%)
Straight-jacketed	214	67 (31%)	74 (35%)	72 (34%)	1 (.5%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Reported memories	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
UFO abduction	212	29 (14%)	140 (66%)	42 (20%)	1 (.5%)
Use of blood in abuse	223	187 (84%)	16 (07%)	18 (08%)	2 (01%)
Use of feces in abuse	221	165 (75%)	23 (10%)	31 (14%)	2 (01%)
Witnessing murder by perpetrators	219	167 (76%)	25 (11%)	26 (12%)	1 (.5%)
Witnessing animal mutilations / killings	219	182 (83%)	17 (08%)	18 (08%)	2 (01%)
Witnessing physical abuse by perpetrators on other victims	221	194 (88%)	13 (06%)	11 (05%)	3 (01%)
Other abuse(s)	201	151 (75%)	6 (03%)	36 (18%)	8 (04%)

12. Some of the possible aftereffects that at least one adult survivor of extreme abuse has reported to me include . . .

Reported possible aftereffects	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
Art productions with abuse / torture themes	222	173 (78%)	28 (13%)	17 (08%)	4 (02%)
Auto-immune disorders	221	157 (71%)	35 (16%)	27 (12%)	2 (01%)
Beliefs indoctrinated by perpetrator(s)	221	202 (91%)	9 (04%)	9 (04%)	1 (.5%)
Cancer	215	60 (28%)	100 (47%)	53 (25%)	2 (01%)
Dealing with programs installed by perpetrator(s)	220	169 (77%)	28 (13%)	22 (10%)	1 (.5%)
Dissociative flashbacks with satanic themes	220	188 (86%)	22 (10%)	9 (04%)	1 (.5%)
Eating disorder	224	203 (91%)	9 (04%)	8 (04%)	4 (02%)
Fibromyalgia	219	134 (61%)	52 (24%)	30 (14%)	3 (01%)
Foreign objects in body	219	103 (47%)	82 (37%)	33 (15%)	1 (.5%)
Hospitalization in a psychiatric unit	221	199 (90%)	19 (09%)	1 (.5%)	2 (01%)
Infertility	217	90 (42%)	76 (35%)	49 (23%)	2 (01%)
Infliction of sexual pain on others	221	103 (47%)	77 (35%)	38 (17%)	3 (01%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Reported possible aftereffects	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
Infliction of sexual pain on self	219	163 (74%)	25 (11%)	27 (12%)	4 (02%)
Migraine headaches	221	189 (86%)	22 (10%)	8 (04%)	2 (01%)
Multiple sclerosis	215	36 (17%)	143 (67%)	35 (16%)	1 (.5%)
Mysterious ailments for which a diagnosis cannot be made	220	170 (77%)	32 (15%)	16 (07%)	2 (01%)
Painful body memories	225	217 (96%)	3 (01%)	1 (.4%)	4 (02%)
Post-traumatic stress disorder	223	220 (99%)	1 (.4%)	0 (00%)	2 (01%)
Seizures with no organic basis	217	134 (62%)	60 (28%)	22 (10%)	1 (.5%)
Self-mutilating behaviors	224	206 (92%)	14 (06%)	2 (01%)	2 (01%)
Sexually-transmitted disease (s)	217	95 (44%)	71 (33%)	50 (23%)	1 (.5%)
Sexual urges triggered by feelings of threat, fear, shame, guilt, etc.	223	166 (74%)	18 (08%)	36 (16%)	3 (01%)
Sleep problems	224	216 (97%)	5 (02%)	0 (00%)	3 (01%)
Soft, brittle teeth	216	76 (35%)	70 (32%)	69 (32%)	1 (.5%)
Substance abuse	222	196 (88%)	17 (08%)	6 (03%)	3 (01%)
Suicidal thoughts around special holidays, birthdays, etc.	223	206 (92%)	9 (04%)	6 (03%)	2 (01%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Reported possible aftereffects	N	yes n (%)	no n (%)	don't know n (%)	n / a n (%)
Suicidal thoughts immediately before traumatic memories surface	223	187 (84%)	19 (09%)	16 (07%)	1 (.4%)
Survivor guilt	222	197 (89%)	14 (06%)	9 (04%)	2 (01%)
Thyroid problems	214	91 (43%)	70 (33%)	51 (24%)	2 (01%)
Unexplained bruises and wounds	221	146 (66%)	47 (21%)	25 (11%)	3 (01%)
Unexplained external scarring	218	136 (62%)	55 (25%)	24 (11%)	3 (01%)
Unexplained internal scarring	219	106 (48%)	50 (23%)	59 (27%)	4 (02%)
Unusual fears	223	211 (95%)	7 (03%)	3 (01%)	2 (01%)
Other possible aftereffects of Extreme Child Abuse	218	176 (81%)	5 (02%)	31 (14%)	6 (03%)

13. OPTIONAL: If you are a survivor of extreme abuse and would like to share that via this survey, please answer the following 2 questions.

The category of extreme abuse listed below that best describes my experience as a survivor is . . .

(click only on one response)

- | | |
|--------------------------------------|-----------------------|
| 1. Ritual Abuse | ☐ |
| 2. Mind Control | ☐ |
| 3. Ritual Abuse and Mind Control | ☐ |
| 4. Extreme Abuse (other than RA/ MC) | ☐ |

Note: Due to a transmission error, the text “The category of extreme abuse listed below that best describes my experience as a survivor is . . .” did not appear online. Therefore this section of questions render any interpretation of these responses **invalid**.

I have found evidence to corroborate that I am a survivor of the type of extreme abuse I checked in the preceding question.

(click only on one response)

- | | |
|---------------|-----------------------|
| 1. No answer | ☐ |
| 2. Yes | ☐ |
| 3. Don't Know | ☐ |
| 4. No | ☐ |

Note: The answers for the above question are contingent on the answers to first. Because of the above mentioned transmission error this section of questions render any interpretation of these responses **invalid as well**.

14. OPTIONAL: My observations of various healing methods for extreme abuse are . . .

(If you are not familiar with a particular method click on n / a. Otherwise, rate each method on a scale of 1 to 5 according to how helpful you think the method would be for at least one survivor of extreme abuse with whom you have worked).

N = Number who answered the question

n / a = number who have not used the method

n_U = number who have used the method (percentages of help categories refer to this number)

Healing methods	N	n / a n (%)	Users n _U (100%)	great help n (%)	much help n (%)	some help n (%)	little help n (%)	no help n (%)
Acupuncture	168	50 (30%)	118 (100%)	5 (04%)	14 (12%)	52 (44%)	21 (18%)	26 (22%)
Aromatherapy	171	52 (30%)	119 (100%)	3 (03%)	7 (06%)	51 (43%)	26 (22%)	32 (27%)
Chiropractic	171	43 (25%)	128 (100%)	8 (06%)	14 (11%)	60 (47%)	21 (16%)	25 (20%)
Homeopathy	166	46 (28%)	120 (100%)	8 (07%)	14 (12%)	51 (43%)	27 (23%)	20 (17%)
Massage Therapy	178	29 (16%)	149 (100%)	17 (11%)	27 (18%)	70 (47%)	17 (11%)	18 (12%)
Naturopathy	169	52 (31%)	117 (100%)	9 (08%)	16 (14%)	51 (44%)	17 (15%)	24 (21%)
Nutrition & Diet Therapy	173	31 (18%)	142 (100%)	13 (09%)	30 (21%)	65 (46%)	19 (13%)	15 (11%)
Occupational Therapy	171	51 (30%)	120 (100%)	7 (06%)	18 (15%)	55 (46%)	26 (22%)	14 (12%)
Osteopathy	165	67 (41%)	98 (100%)	4 (04%)	17 (17%)	38 (39%)	13 (13%)	26 (27%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Healing methods	N	n / a n (%)	Users n _u (100%)	great help n (%)	much help n (%)	some help n (%)	little help n (%)	no help n (%)
Physical Therapy	164	50 (31%)	114 (100%)	6 (05%)	23 (20%)	54 (47%)	16 (14%)	15 (13%)
Abreactive Work	180	16 (09%)	164 (100%)	34 (21%)	44 (27%)	39 (24%)	27 (17%)	20 (12%)
Art Therapy	187	12 (06%)	175 (100%)	40 (23%)	76 (43%)	53 (30%)	3 (02%)	3 (02%)
Biofeedback	163	59 (36%)	104 (100%)	7 (07%)	20 (19%)	40 (39%)	20 (19%)	17 (16%)
Clinical Hypnosis	169	33 (20%)	136 (100%)	18 (13%)	31 (23%)	43 (32%)	17 (13%)	27 (20%)
Confronting Abuser(s)	170	36 (21%)	134 (100%)	1 (01%)	3 (02%)	33 (25%)	39 (29%)	58 (43%)
Creative Writing	190	10 (05%)	180 (100%)	59 (33%)	65 (36%)	44 (24%)	4 (02%)	8 (04%)
Dance Therapy	167	44 (26%)	123 (100%)	15 (12%)	25 (20%)	57 (46%)	12 (10%)	14 (11%)
Deliverance	169	70 (41%)	99 (100%)	16 (16%)	10 (10%)	13 (13%)	17 (17%)	43 (43%)
Formal Deprogramming	163	56 (34%)	107 (100%)	23 (22%)	17 (16%)	33 (31%)	17 (16%)	17 (16%)
Drawing / Painting	188	9 (05%)	179 (100%)	48 (37%)	65 (36%)	58 (32%)	6 (03%)	2 (01%)
Drumming	166	56 (34%)	110 (100%)	14 (13%)	16 (15%)	48 (44%)	14 (13%)	18 (16%)
Electroshock Therapy	168	59 (35%)	109 (100%)	1 (01%)	0 (00%)	3 (03%)	9 (08%)	96 (88%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Healing methods	N	n / a n (%)	Users n _u (100%)	great help n (%)	much help n (%)	some help n (%)	little help n (%)	no help n (%)
EMDR	181	31 (17%)	150 (100%)	34 (23%)	44 (29%)	42 (28%)	17 (11%)	13 (09%)
Energy Therapies	168	55 (33%)	113 (100%)	21 (19%)	20 (18%)	33 (29%)	16 (14%)	23 (20%)
Exorcism	167	54 (32%)	113 (100%)	7 (06%)	4 (04%)	13 (12%)	17 (15%)	72 (64%)
Feldenkrais	158	79 (50%)	79 (100%)	3 (04%)	14 (18%)	19 (24%)	16 (20%)	27 (34%)
Grounding Techniques	183	16 (09%)	167 (100%)	64 (38%)	56 (34%)	34 (20%)	9 (05%)	4 (02%)
Group Psychotherapy	176	19 (11%)	157 (100%)	20 (13%)	33 (21%)	45 (29%)	33 (21%)	26 (17%)
Hospitalization	180	17 (09%)	163 (100%)	14 (09%)	27 (17%)	51 (31%)	48 (29%)	23 (14%)
Individual Psychotherapy / Counseling	199	1 (.5%)	198 (100%)	132 (67%)	47 (24%)	14 (07%)	4 (02%)	1 (.5%)
Internet Support Group	177	27 (15%)	150 (100%)	18 (12%)	33 (22%)	67 (45%)	19 (13%)	13 (09%)
Journaling	190	6 (03%)	184 (100%)	65 (35%)	56 (30%)	51 (28%)	10 (05%)	2 (01%)
Left / Right Handwriting Techniques	172	49 (29%)	123 (100%)	18 (15%)	26 (21%)	50 (41%)	15 (12%)	14 (11%)
Local Survivor Support Group	171	39 (23%)	132 (100%)	23 (17%)	28 (21%)	42 (32%)	22 (17%)	17 (13%)
Music Therapy	173	42 (24%)	131 (100%)	20 (15%)	28 (21%)	56 (43%)	18 (14%)	9 (07%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Healing methods	N	n / a n (%)	Users n _u (100%)	great help n (%)	much help n (%)	some help n (%)	little help n (%)	no help n (%)
Neurofeedback	161	85 (53%)	76 (100%)	3 (04%)	11 (15%)	27 (36%)	17 (22%)	18 (24%)
Non-suicide Contract with Therapist	184	19 (10%)	165 (100%)	34 (21%)	51 (31%)	46 (28%)	18 (11%)	16 (10%)
Personal Prayer / Meditation	181	13 (07%)	168 (100%)	48 (29%)	48 (29%)	46 (27%)	17 (10%)	9 (05%)
Physical Exercise	183	12 (07%)	171 (100%)	29 (17%)	57 (33%)	65 (38%)	14 (08%)	6 (04%)
Psychodrama	165	46 (28%)	119 (100%)	15 (13%)	17 (14%)	42 (35%)	29 (24%)	16 (13%)
Psychotropic Medications	181	19 (11%)	162 (100%)	17 (11%)	38 (24%)	52 (32%)	33 (20%)	22 (14%)
Reading Survivor Stories	185	16 (09%)	169 (100%)	12 (07%)	28 (17%)	85 (50%)	31 (18%)	13 (08%)
Reiki	165	57 (35%)	108 (100%)	9 (08%)	10 (09%)	34 (32%)	21 (19%)	34 (32%)
Self-Care / Self-Soothing Techniques	189	6 (03%)	183 (100%)	66 (36%)	60 (33%)	48 (26%)	5 (03%)	4 (02%)
Spiritual Guidance / Counseling	178	11 (06%)	167 (100%)	36 (22%)	48 (29%)	52 (31%)	21 (13%)	10 (06%)
Supportive Family Members	183	15 (08%)	168 (100%)	71 (42%)	63 (38%)	23 (14%)	9 (05%)	2 (01%)
Supportive Friends	193	3 (02%)	190 (100%)	98 (52%)	61 (32%)	28 (15%)	2 (01%)	1 (.5%)
Survivor Conferences	171	44 (26%)	127 (100%)	15 (12%)	37 (29%)	47 (37%)	20 (16%)	8 (06%)

Extreme Abuse Survey
Professional-Extreme Abuse Survey (P-EAS) - Results

Healing methods	N	n / a n (%)	Users n _u (100%)	great help n (%)	much help n (%)	some help n (%)	little help n (%)	no help n (%)
Swimming	166	53 (32%)	113 (100%)	10 (09%)	25 (22%)	43 (38%)	17 (15%)	18 (16%)
Theophostic Prayer	161	85 (53%)	76 (100%)	7 (09%)	3 (04%)	16 (21%)	19 (25%)	31 (41%)
Twelve-step Programs	173	40 (23%)	133 (100%)	15 (11%)	19 (14%)	46 (35%)	28 (21%)	25 (19%)
Yoga	169	39 (23%)	130 (100%)	13 (10%)	31 (24%)	50 (39%)	17 (13%)	19 (15%)
Other Method(s)	139	59 (42%)	80 (100%)	18 (23%)	17 (21%)	31 (39%)	4 (05%)	10 (13%)